

WEEK ONE

MENU KEY



- IM VEGAN!



- ADDED PLANT POWER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN #1



Crunchy Crouton
Mac & Cheese

Chicken
Enchilada
with Rice



Roast Gammon,
Roast Potatoes,
Seasonal
Vegetables &
Gravy
& Gravy



Jerk Chicken
with Rice and
Peas and
Pineapple
Slaw

Chip Shop Fish
or Sausage with
Chips, Mushy
Peas and Gravy/
Curry Sauce

MAIN #2



Bang Bang
Cauliflower Mac &
Cheese

Quorn Chilli
Loaded
Wedges



Roasted
Vegetable
Filo Pastry Tart
with New
Potatoes &
Seasonal
Vegetables



Curried Squash,
Sweet Potato &
Butterbean Stew with
Rice and Peas &
Pineapple Slaw

Chip Shop Vegan
Sausage with
Chips, Mushy
Peas and Gravy/
Curry Sauce



HAND HELD

Chicken Wings

Sausage Roll

Chicken Wrap

Bacon & Cheese
Flatbread

Veggie Pitta Pizza

BOWLED OVER

Rice Bowl

Pasta Kitchen

Vegetarian
Noodle Street

Loaded Nachos

Pasta Kitchen

MODERN BAKERY

Pineapple Upside
Down Cake

Chocolate Crunch
Cake

Summer Fruit
Crumble with
Custard

Warmed Jamaican
Ginger Cake with
Ice Cream or
Custard

Iced Sponge Cake

SUPER SPUDS

DON'T FORGET ABOUT OUR
BAKED POTATOES WITH A
VARIETY OF TOPPINGS FOR
YOU TO CHOOSE FROM!

SOUP STATION

COME AND TRY OUR
HOMEMADE SOUPS,
AVAILABLE DAILY!

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF
YOU HAVE AN ALLERGY AND NEED TO KNOW
WHAT'S INSIDE OUR FOOD DISHES. THEY
WILL ADVISE YOU OF YOUR AVAILABLE
CHOICES.

caterlink
feeding the imagination

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WEDNESDAY

THURSDAY

FRIDAY

MAIN #1

Vegetable Chow Mein



Chicken Souvlaki with Greek Salads

Roast Pork, Roasted New Potatoes with seasonal vegetables



Chicken Tikka Masala with Rice



Battered Fish, Chips & Garden Peas

MAIN #2

Sweet and Sour Vegetables with Rice



Feta, Honey and Spinach Parcel with Greek Salads

Vegan Sausage and Red Onion Chutney Hot Baguette with Roasted New Potatoes



Sweet Potato, Chickpea & Spinach Curry with Rice



Cheese and Leek Frittata with Chips and Garden Peas

HAND HELD

Selection of Paninis

Sausage Roll

Chicken Wrap

Bagel Pizza

Chicken Quesadilla

BOWLED OVER

Rice Bowl

Pasta Kitchen

Noodle Street

Pasta Kitchen

Loaded Nachos

MODERN BAKERY

Chocolate Sponge Pudding

Custard Tart with Mixed Berry Compote

Sticky Toffee Apple Crumble and Custard

Jam and Coconut Sponge

Oaty Flapjack



SUPER SPUDS

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THURSDAY

FRIDAY

MAIN #1

Crunchy
Topped Tomato
Pasta Bake with
Roasted
Vegetables



THE MEXICAN KITCHEN

Spicy Mexican
Chicken with Rice
and Sides

Beef Lasagne with
Garlic Bread
and Salad



FIESTA
ESPANOL

Chicken Paella
with Patatas
Bravas and Salads

Fish and Chips
with Garden
Peas or Baked
Beans

MAIN #2

Vegetarian
Toad in the
Hole with
Mashed
Potatoes &
Gravy

THE MEXICAN KITCHEN

Vegan Chilli with
Rice and Sides



Vegetable Ragu
with Garlic Bread
and Spaghetti



FIESTA
ESPANOL

Spanish Tortilla
with Patatas
Bravas and
Salads

Vegetarian
Burger and
Chips with
Garden Peas
or Baked
Beans



HAND HELD

Selection of
Wraps

Pitta Pizza

Chicken Wrap

Selection of
Paninis

Sausage Roll

BOWLED OVER

Rice Bowl

Pasta Kitchen

Rice Bowl

Noodle Street

Pasta Kitchen

MODERN BAKERY

Chocolate Orange
Cookie



Apple Pie
with Cream

Fruit Muffins

Peach Cake

Chocolate
Brownie

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